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Media Release

'Look over the farm gate' grants available

The Royal Flying Doctor Service (RFDS) Victoria is encouraging community groups to apply for small grants of up to \$1,500 to support mental health, as part of the initiative 'Look over the farm gate'.

"With rural Australians 30% more likely to suicide than those in urban areas, encouraging communities to connect and 'Look over the farm gate' is an important step toward overcoming social isolation, supporting mental health," says Scott Chapman, RFDS Victoria Chief Executive.

'Look over the farm gate' supports community-led initiatives and events that help rural communities to:

- look out for one another
- promote social inclusion
- create awareness about mental health
- reduce the impact isolation can have.

Rural community groups that would like to host an event that supports mental health care, are encouraged to apply for a 'Look over the farm gate' grant at www.lookoverthefarmgate.org.au.

Applications for round one grants are open until 20 December 2017.

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