



POSITION DESCRIPTION

POSITION TITLE: TEAM LEADER – RURAL AND PHYSICAL HEALTH WORKER

REPORTS TO: MANAGER, PRIMARY HEALTH CARE
TEAM: PRIMARY HEALTH CARE
LOCATION: GEORGE TOWN (OTHER LOCATIONS AS REQUIRED)
CONDITIONS: COMMON LAW CONTRACT

ORGANISATIONAL VISION

*To improve health outcomes for all
Tasmanians with a specific focus on remote
and rural areas*

PURPOSE OF THE POSITION

The purpose of this position is to lead a team of health workers responsible for improving the health outcomes for people living with Chronic Obstructive Pulmonary Disease (COPD), Cardiovascular disease (CVD), mental illness and dementia. The Team's purpose is to deliver continuous quality improvement leading to best practice, contributing to the management and delivery of projects that support the organisation's strategic objectives.

KEY DUTIES

- Provide support and design specific programs for people living with COPD, CVD, mental illness and dementia to live a better quality of life, reduce possible preventable hospitalisations and assist chronic disease management;
- Provide direct clinical supervision and clinical practice support for the physical health and rural health team;
- Demonstrate effective leadership to the rural health workers, mental health workers and local and/or visiting service providers to develop and implement programs that will provide exercise programs for people in rural and remote areas to better manage their health conditions;
- Maintain client confidentiality at all times;
- Deliver one-on-one sessions, small group education programs and health promotion activities;
- Analyse community needs and services with a view to identifying gaps and making recommendations for future requirements;
- Adhere to relevant legislation, policies and procedure systems of RFDS and other external providers;
- Ensure a safe working environment by complying with relevant work health and safety legislation, policies and procedures;
- Maintain an informed understanding of the National Safety and Quality Health Service Standards and practices
- Participation in further training and development as required;
- Contribute to and assist the Manager, Primary Health Care with leave management and allocation of human resources;
- In collaboration with the Manager, Primary Health Care assist in annual performance appraisals of physical health and rural health staff;
- In consultation with the Manager, Primary Health Care identify and resolve issues impacting upon service delivery;



- Triage of clients referred to the program when necessary;
- Preparation of presentation material and print material where necessary;
- Provide advice and information on equipment relevant to the program;
- Accurate data collection and dissemination; and
- Perform other duties as required in accordance with skills, qualifications and experience.

LEVEL OF RESPONSIBILITY / ACCOUNTABILITY

Reporting to the RFDS Manager, Primary Health this position is directly responsible for the efficient and effective delivery of rural health and physical health services, and the Prime Mover cardiopulmonary rehabilitation program.

KNOWLEDGE, SKILLS AND EXPERIENCE (SELECTION CRITERIA)

1. Previous clinical experience within a specialised knowledge, preferably in self-management of chronic disease management.
2. A high level of clinical expertise and theoretical knowledge in the assessment and management of clients with chronic and complex conditions.
3. Ability to conduct needs assessment for people living with complex needs including mental illness, COPD, CVD and dementia.
4. Awareness of health and well-being support within the region.
5. Ability to develop culturally appropriate information and communication sessions.
6. Ability to acquire and report accurate information.
7. Previous experience managing a team.
8. Working autonomously and collaboratively as part of a team.
9. Thorough knowledge of health services and issues pertaining to people living in rural and remote areas.
10. Ability to utilise sound judgment skills to identify/resolve issues and to manage conflicting priorities.
11. An understanding of person-centeredness, health literacy, and social determinants of health.
12. Excellent written and verbal communication skills.
13. Strong leadership skills, including proven interpersonal skills in the facilitation of effective team functioning and conflict resolution.

WORKING RELATIONSHIPS

INTERNAL

RFDS Manager, Primary Health Care
RFDS Rural Health Workers
RFDS Mental Health Workers
RFDS Physical Health Workers
Other RFDS staff

EXTERNAL

Community Groups
Clients
Local and visiting service providers
Local Government Authority
Hospitals and General Practice
Primary Health Tasmania

ESSENTIAL CRITERIA

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| <ul style="list-style-type: none"> • Professional registration with AHPRA or ESSA • A current Australian Drivers Licence • Current National Police Check; and Working with Vulnerable People Check • Ability to acquire an understanding of relevant legislation | <ul style="list-style-type: none"> • Current First Aid Certificate • Flexible Hours - willing to work nights and weekends as required • Travel within Tasmania, including overnight stays |
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