

Helping rural Tasmanians is good for your health

Why?



Tasmania has the highest rate of premature deaths in Australia, primarily occurring in rural areas



In Tasmania, avoidable hospitalisations increase with remoteness



Tasmania has the second highest rate of deaths of any state or territory from potentially avoidable causes

There is a clear imbalance in health outcomes between metropolitan areas and those of us living in rural and remote areas; distance is not the only factor with economic status, cultural background and lifestyle behaviours also playing a role.

It's not fair, it's not necessary, it's not acceptable...

What's the solution?

In keeping with its proud history of innovation, Royal Flying Doctor Service Tasmania is working with existing services and community partners to improve health outcomes by focusing on health promotion, prevention and early detection.

Right as Rain has been developed to address the specific health needs of individual communities.

In line with available funding and support, Right as Rain can deliver a variety of primary care services;

- > Health Screening: cancer, heart disease, diabetes
- > Health Checks: blood pressure, cholesterol, oral, hearing
- > Health Promotion: physical activity, smoking, alcohol and other drugs, sexual health, nutrition
- > Mental health
- > Women and men's health

We are in this for the long haul with a five-year commitment. If we do our job well, we will do ourselves out of business!

What can you do?

Keeping people healthy for longer will ease the pressure on our health services and our hospitals; ill health affects us all.

We are offering you the opportunity to be part of this innovative project where outcomes will be celebrated for generations.

The Royal Flying Doctor Service relies on the support of individuals, corporations, the government and the community to carry out our vital work.

Pledge your support to Right as Rain today.

Click below to pledge your support as a:



To make a donation the following options are available:

Donate online

5. Sponsor

Make a secure online donation to RFDS Tasmania www.flyingdoctor.org.au/support-us/donate or email enquiries@rfdstas.org.au

Donate by Phone

Please call (03) 6391 0504 or 1300 669 569 for over-the-phone donations to RFDS Tasmania.

Donate by Mail

Cheques can be sent to: RFDS Tasmania, Building 90 Launceston Airport, 305 Evandale Rd, Western Junction, TAS 7212. Please indicate that you would like your donation to be assigned to 'Right as Rain'.



I was so proud to support the RFDS at a local show by educating parents how to treat head lice properly.

What a great opportunity the Right as Rain project provided to use my knowledge to support parents deal with this ongoing issue".

Bridget Frain
 PHARMACY PHD STUDENT,
 UNIVERSITY OF TASMANIA





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