



HumanPsychology

Think. Feel. Perform. Better.

Our Employee Assistance Program (EAP) provides confidential, employer funded counselling sessions to enhance wellbeing, mental health and resilience.

Human Psychology has extensive experience working with health care providers, can provide services to our workforce no matter the location, and has access to support services for Indigenous employees. RFDS employees and operational volunteers and their immediate families can access up to six, free and CONFIDENTIAL sessions per year.

To learn more about the EAP services offered by Human Psychology, please visit their website: <https://humanpsychology.com.au/>. More detailed information sessions about the services offered by Human Psychology will be provided in the near future, however, you can access their services now.

To make a confidential appointment call **1300 277 924** and speak with one of their team to arrange a convenient time or email reception@humanpsychology.com.au. Services can be accessed via face-to-face (Adelaide based), telephone or Skype.

An exclusive online portal for RFDS CO is under development and will be available soon.

If you have any questions, please contact a member of the People and Culture team.