



# Royal Flying Doctor Service TASMANIA

## POSITION DESCRIPTION

**POSITION TITLE:** MENTAL HEALTH WORKER

**REPORTS TO:** MANAGER, PRIMARY HEALTH CARE

**TEAM:** PRIMARY HEALTH CARE

**LOCATION:** DORSET MUNICIPALITY (OTHER LOCATIONS AS REQUIRED)

**CONDITIONS:** HEALTH PROFESSIONALS AND SUPPORT SERVICES AWARD 2010

### ORGANISATIONAL VISION

*To improve health outcomes for all  
Tasmanians with a specific focus on remote  
and rural areas*

### PURPOSE OF THE POSITION

*Responsible for proactively promoting mental health improvement in the community, focusing on suicide prevention and emotional support for people living with COPD, cardiovascular disease, mental illness and dementia.*

### KEY DUTIES

- Promote mental health and reduce the risk or severity of mental health disorders among people who are not necessarily identified as clients receiving services through the mental health system;
- Work with existing service providers to reduce duplication and provide community outreach to persons with mild to moderate mental health issues that do not seek traditional clinic-based services due to a multitude of factors;
- Work as part of a multi-disciplinary team with the rural health workers, physical health workers, and other service providers (either local or visiting) to provide social and emotional support for people in rural and remote areas to better manage their health conditions and to avoid potential preventable hospitalisations;
- Maintain client confidentiality;
- Work autonomously and as part of a team;
- An understanding of person-centeredness, health literacy, and social determinants of health;
- Ensure a safe working environment by complying with relevant work health and safety legislation, policies and procedures;
- Be prepared to undergo further training and development as required.
- Timely and accurate data collection and dissemination
- Identify activities to promote positive mental health through the implementation of social and emotional wellbeing promotion activities to people who are at risk of suicide
- Function in accordance with relevant legislation affecting clinical practice, maintaining an informed understanding of National Standards for Mental Health Services and practices
- Participate in ongoing evaluation of clinical practice through supervision processes and be prepared to undergo further training and development as required.
- Other duties as assigned by the Manager Primary Health Care



## LEVEL OF RESPONSIBILITY / ACCOUNTABILITY

Reporting to the Manager, Primary Health Care and working with the team leader of mental health this position is responsible for the delivery of efficient and effective mental health services and improving health outcomes for people living with COPD, CVD, Mental illness and dementia.

## KNOWLEDGE, SKILLS AND EXPERIENCE (SELECTION CRITERIA)

1. Relevant associate diploma or certificate qualification or at least 2 years relevant experience in the mental health sector;
2. Suicide prevention training;
3. Ability to conduct needs assessment and planning;
4. Possess the knowledge of mental health support services in the region;
5. Project management and organizational skills manage multiple deadlines and efficiently identify and resolve issues;
6. Ability to work autonomously and as part of a team;
7. Strong written and verbal communication skills; and
8. A thorough understanding of Recovery oriented values and principles.

## WORKING RELATIONSHIPS

### INTERNAL

RFDS Primary Health Care Manager  
RFDS Physical Health Workers  
RFDS Rural Health Workers  
Other RFDS staff and programs

### EXTERNAL

Community Groups  
Clients  
Local and visiting service providers  
Hospitals and General Practice  
Primary Health Tasmania  
Local Government Authority representative

## ESSENTIAL CRITERIA

- Tasmanian Drivers Licence
- First Aid Certificate
- Current National Police Check; and Working with Vulnerable People Check
- Flexible Hours - willing to work nights and weekends as required
- Travel within Tasmania, including overnight stays