



Royal Flying Doctor Service

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MEDIA RELEASE

Kokoda Trek for Flying Doctor no challenge for Todd

24 October, 2016

Leinster resident and father of three, Todd Nagle didn't hesitate in committing to the Kokoda Challenge this month, to raise critical funds for the Royal Flying Doctor Service.

From the 5th – 15th November, 16 people, including two Western Australians, will take on the gruelling Kokoda Trail, all in support of the RFDS.

The Flying Doctor has come to the aid of Mr Nagle's three children on three separate occasions, and he felt a sense of obligation to give something back.

"The service has been there for my family in our time of need," he said. "I know that the funds I raise will contribute to making this already great service even greater. I've raised nearly \$10,000 with my goal at \$15,000."

Mr Nagle has raised the funds by holding two trivia nights, both of which have been very successful, and has also had enormous support from family and friends.

Considering he lives 400km away from the nearest hospital, Mr Nagle says the Flying Doctor is a critical asset.

"When medical care is required beyond the capabilities of what is available locally they are the ones who not only transport, but also provide care, for those in need."

While the Kokoda Challenge will no doubt live up to its reputation, Mr Nagle said he believes he is prepared for what the Kokoda Challenge presents, but leaving his family for 12 days will be his greatest challenge by far.

"I train two hours a day for six days of the week, combining hikes and gym sessions, focussing leg and core strengthening activities, so I believe I am prepared mentally and physically for the challenge, but I will definitely struggle for this period without contact with my loved ones."

The RFDS provides emergency care, life-saving outcomes, and health treatment and advice to almost 70,000 people in Western Australia every year and has done now in WA for over 80 years. To donate to the RFDS call 1800 669 569 or visit www.flyingdoctor.org.au.

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